

PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: STZC

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+

Heat:1, starttime: 09:30

Heat: 1/7 Lane : 3 Athlete: PUTTEMANS JULES

Q-time: 02:00:77

PB (25m pool): 02:00.77 Bilzen 25/01/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		02:00.77	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+

Heat:4, starttime: 09:37

Heat: 4/7 Lane : 2 Athlete: PIRARD DRIEK

Q-time: 01:19:25

PB (25m pool): 01:19.25 Hannuit 28/03/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.25	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+

Heat:5, starttime: 09:39

Heat: 5/7 Lane : 7 Athlete: THYS VINCE

Q-time: 01:14:84

PB (25m pool): 01:14.84 Hannuit 28/03/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.84	
	no time				
					

Coach feedback:

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Event number: 19: 100M MEDLEY MEN 11+				Heat:6, starttime: 09:40	
Heat: 6/7 Lane : 1 Athlete: JAMAR KAMIEL				Q-time: 01:09:15	
PB (25m pool): 01:09.15 Hannuit 28/03/2026				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.15	
	no time				
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+				Heat:1, starttime: 10:03	
Heat: 1/4 Lane : 3 Athlete: WERY MILAN				Q-time: 01:15:66	
PB (25m pool): 01:15.66 Beringen 08/02/2026				PB (50m pool): 01:20.59 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.38		01:15.66	
	00:34.38		00:41.28		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+				Heat:2, starttime: 10:05	
Heat: 2/4 Lane : 5 Athlete: RUYMEN SIEBE				Q-time: 01:10:14	
PB (25m pool): 01:10.14 Beringen 08/02/2026				PB (50m pool): 01:06.32 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.09		01:10.14	
	00:31.09		00:39.05		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12				Heat:2, starttime: 10:13	
Heat: 2/4 Lane : 7 Athlete: DAS AMELIE				Q-time: 01:47:35	
PB (25m pool): no time				PB (50m pool): 01:47.35 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:20
Heat: 1/7 Lane : 3 Athlete: PUTTEMANS JULES					Q-time: 01:51:83
PB (25m pool): 01:51.83 Lommel 22/02/2026			PB (50m pool): 01:50.69 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.08		01:51.83	
	00:33.08		01:18.75		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/7 Lane : 6 Athlete: VERSLUYS JULES					Q-time: 01:22:81
PB (25m pool): 01:44.64 Bree 18/02/2024			PB (50m pool): 01:22.81 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:44.64	
	no time				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:31
Heat: 5/7 Lane : 2 Athlete: THYS VINCE					Q-time: 01:19:41
PB (25m pool): 01:19.41 LEUVEN 21/12/2025			PB (50m pool): 01:19.59 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.28		01:19.41	
	00:39.28		00:40.13		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:31
Heat: 5/7 Lane : 8 Athlete: PIRARD DRIEK					Q-time: 01:20:35
PB (25m pool): 01:20.35 Temse 17/11/2025			PB (50m pool): 01:22.38 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.18		01:20.35	
	00:39.18		00:41.17		
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 10:33
Heat: 6/7 Lane : 6 Athlete: JAMAR KAMIEL					Q-time: 01:10:66
PB (25m pool): 01:10.66 Temse 17/11/2025					PB (50m pool): 01:09.80 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.46		01:10.66	
	00:34.46		00:36.20		
					

Coach feedback:

Event number: 25: 400M MEDLEY MEN 13+					Heat:2, starttime: 11:11			
Heat: 2/2 Lane : 7 Athlete: RUYMEN SIEBE					Q-time: 05:24:35			
PB (25m pool): no time					PB (50m pool): 05:24.35 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+										Heat:6, starttime: 11:22		
Heat: 6/8 Lane : 5 Athlete: DAS LOUISE									Q-time: 00:29:59			
PB (25m pool): 00:29.59 Hannuit 28/03/2026										PB (50m pool): 00:30.14 SB: no time		
	2 5 M		5 0 M									
PB			00:29.59									
			00:29.59									
												

Coach feedback:

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Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:26
Heat: 1/3 Lane : 1 Athlete: VERSLUYS JULES			Q-time: 00:43:89
PB (25m pool): 00:43.89 Hannuit 28/03/2026			PB (50m pool): 00:45.95 SB: no time
	2 5 M	5 0 M	
PB		00:43.89	
		00:43.89	
			

Coach feedback: